

FIND YOUR FUNNY

COMEDY + STORYTELLING

3 hours - 8-30 people - no experience required

Everybody in the room has already lived the funny part. This workshop is about finding it, shaping it, and saying it out loud on purpose. Three hours, from blank page to a 3-minute set delivered in front of the group. No comedy background needed -- just a life with some wreckage in it.

THE 3-HOUR AGENDA

Hour 1 - Mine your life for material

Guided prompts pull out the stories you usually keep to yourself -- the divorce, the doctor's office, the group chat, the job you finally quit. We write fast and messy, no editing, no apologizing.

Walk out with: A page of raw material and three stories worth telling.

Hour 2 - Turn stories into jokes

Setup, punch, and the pause in between. We cut the words that don't earn their spot, find the real angle, and test lines on each other so you can hear what actually lands.

Walk out with: One story shaped into a 3-minute set with real punchlines.

Hour 3 - Stand up and deliver

Mic in hand, everybody performs. Jenn coaches pacing, eye contact, and what to do when a joke dies -- because it will, and that's survivable.

Walk out with: A performed set, plus notes on what to keep and what to cut.

KEY TAKEAWAYS

- A written, performable 3-minute set in your own voice
- A repeatable method for turning any hard story into material
- The basic mechanics of joke structure -- setup, punch, tag
- Stage tools: pacing, the pause, and recovering from a bomb
- Proof that you can hold a room, because you already did it once

WHAT TO BRING

Something to write with and a willingness to be honest. A notebook, a pen, and water. Jenn brings the prompts, the structure, and the bad jokes.

WHO IT'S FOR

- Women who have been told they're funny and never done anything about it
- Women's groups, retreats and book clubs wanting something braver than a craft table
- Total beginners who have never touched a microphone
- Speakers and leaders who want more humor in what they already say on stage

Not for you if you want to sit quietly and take notes -- everyone performs in hour three.

THE VENUE NEEDS

- A room with a door that closes and chairs that can move
- Chairs in a half circle, plus a clear front to perform from
- A mic and small PA if you have one -- optional, not required
- Paper and pens, or bring-your-own notebooks
- Coffee. Snacks strongly encouraged.

BOOK THIS WORKSHOP

fullsendjenn.fun/workshops/find-your-funny - request a date in 2 minutes